

Week at a Glance: MVH-Fergus Falls

Menu: Regular

Week 1

Monday June 29	Tuesday June 30	Wednesday July 1	Thursday July 2	Friday July 3	Saturday July 4	Sunday July 5
Juice of Choice Hot Cereal of Choice Scrambled Eggs Bacon Toast/Butter Milk ~ Coffee	Juice of Choice Hot Cereal of Choice Scrambled Eggs Bacon or Side Pork Milk ~ Coffee	Juice of Choice Hot Cereal of Choice Scrambled Eggs Sausage Links Danish Butter/Jam/Jelly Milk ~ Coffee	Juice of Choice Hot Cereal of Choice Scrambled Eggs Biscuits & Sausage Gravy Milk ~ Coffee	Juice of Choice Hot Cereal of Choice Scrambled Eggs Corned Beef & Hash Whole Wheat Toast Butter/Jam/Jelly Milk ~ Coffee	Juice of Choice Hot Cereal of Choice Scrambled Eggs Bacon Cinnamon Roll Butter/Jam/Jelly Milk ~ Coffee	Juice of Choice Hot Cereal of Choice Scrambled Eggs Chicken Sausage Links Toast Butter/Jam/Jelly Milk ~ Coffee
St. Louis Style Pork Ribs Corn on the Cob Baked Beans Watermelon Milk ~ Coffee	Alt: Chef Salad Teriyaki Meatballs White Rice Oriental Vegetables Egg Roll Soft Serve Ice Cream Milk ~ Coffee	Swiss Steak Fried Potatoes Bermuda Blend Dinner Roll w/Butter Sliced Peaches Milk ~ Coffee	Calico Bean Casserole 5 Way Blend Bread & Butter Sherbet Milk ~ Coffee	Chicken Tenders Macaroni & Cheese Buttered Peas Bread/Butter Assorted Pies or Chocolate Pudding Milk ~ Coffee	Service Foods Fried Chicken Mashed Potatoes with Gravy Coleslaw Watermelon Milk ~ Coffee	Country Chicken Casserole Dinner Roll w/Butter Glazed Carrots Blue Berries & Cream Milk ~ Coffee
Cheese Burger Casserole Stewed Tomatoes Vanilla Pudding Bread/Butter Milk ~ Coffee	Pizza 3 Bean Salad Tropical Fruit Salad Milk ~ Coffee	Hot Ham and Cheese Sliders Dill Pickle Spear Tomato Soup Orange Fluff Milk ~ Coffee	Beef & Cheese Burrito Spanish Rice Refried Beans Churro Milk ~ Coffee	Hamburger Macaroni Casserole Green Beans Bread & Butter Frosted Chocolate Cake Milk ~ Coffee	Pulled Pork on Bun Pickle Spear Tater Tots Garden Veggie Blend Peach Halves Milk ~ Coffee	Salisbury Steak Mashed Potatoes /Gravy Capri Blend Veggies Chocolate Brownie Milk ~ Coffee
<u>Alternate:</u>	<u>Alternate:</u>	<u>Alternate:</u>	<u>Alternate:</u>	<u>Alternate:</u>	<u>Alternate:</u>	<u>Alternate:</u>
Soup: Chicken Noodle Sandwich: Deli Turkey	Soup: Vegetable Beef Sandwich: Roast Beef	Soup: Wild Rice Sandwich: Ham	Soup: Broccoli Sandwich: Egg Salad	Soup: Tomato Sandwich: Cheese	Soup: Ham & Bean Sandwich: Tuna	Soup: Chili Cornbread

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Week 2

Monday July 6	Tuesday July 7	Wednesday July 8	Thursday July 9	Friday July 10	Saturday July 11	Sunday July 12
Juice of Choice Hot Cereal of Choice Scrambled Eggs Fried Ham Toast/Butter Milk ~ Coffee	Juice of Choice Hot Cereal of Choice Scrambled Eggs Sausage Link Toast Butter/Jam/Jelly Milk ~ Coffee	Juice of Choice Hot Cereal of Choice Scrambled Eggs Danish Butter/Jam/Jelly Milk ~ Coffee	Juice of Choice Hot Cereal of Choice Biscuits & Sausage Gravy Milk ~ Coffee	Juice of Choice Hot Cereal of Choice Scrambled Eggs Corned Beef & Hash Toast/Butter/Jam Milk ~ Coffee	Juice of Choice Caramel roll, Bacon Scrambled Eggs Hot Cereal of Choice Milk ~ Coffee	Juice of Choice Hot Cereal of Choice Scrambled Eggs Sausage Link Toast Butter/Jam/Jelly Milk ~ Coffee
Pot Roast Mashed Potatoes Gravy Baby Carrots Dinner Roll Apple Crisp Milk ~ Coffee	Alternate:Cobb Salad Polish Sausage Creamed Sauerkraut Oven Browned Potatoes Bread & Butter Ice Cream Du Jour Milk ~ Coffee	Cheesy Chicken Breast Chuck Wagon Corn French Fries Lefse Cherry Crisp Milk ~ Coffee	Seafood Primavera Broccoli Dinner Roll w/Butter Key Lime Pie Milk ~ Coffee	Philly Cheese Steak French Fries California Blend Ice Cream Sandwich Milk ~ Coffee	Chicken Alfredo Broccoli Garlic Bread Pistachio Pudding Milk ~ Coffee	Roast Turkey /w Dressing Mashed Pot w/Gravy Squash Dinner Roll w/Butter Pumpkin Pie Milk ~ Coffee
BBQ Pork Chop Fried Potatoes Baked Beans Bread/Butter Strawberries & Cream Milk ~ Coffee	Bacon Lettuce Tomato Sandwich Potato Soup Green Grapes Milk ~ Coffee	Country Fried Steak Mashed Potatoes Cream Gravy Peas Dinner Roll Pineapple Tidbits Milk~Coffee	Grilled Hot Dog On a Bun Green Bean Casserole French Fries Watermelon Milk ~ Coffee	Breaded Shrimp Waffle Fries Cucumber Salad Dinner Roll w/Butter Lemon Bar Milk ~ Coffee	BBQ Riblette Mashed Potatoes Gravy Buttered Carrots Dinner Roll Fruit Cocktail Milk ~ Coffee	French Dip Tater Tots Green Beans Mandarin Oranges Milk ~ Coffee
<u>Alternate:</u> Soup: Potato Sandwich: Ham Salad	<u>Alternate:</u> Soup: Vegetable Beef Sandwich: Roast Beef	<u>Alternate:</u> Soup: Broccoli Cheese Sandwich: Summer Sausage	<u>Alternate:</u> Soup: Ham & Bean Sandwich: Bologna	<u>Alternate:</u> Soup: Wild Rice Sandwich: Chicken Salad	<u>Alternate:</u> Soup: Wisconsin Cheese Sandwich: Egg Salad	<u>Alternate:</u> Soup: Tomato Sandwich: Grilled Cheese

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Week 3

Monday July 13	Tuesday July 14	Wednesday July 15	Thursday July 16	Friday July 17	Saturday July 18	Sunday July 19
Juice of choice Hot Cereal of Choice Scrambled Eggs Hashbrowns, Bacon Butter/Jam/Jelly Milk ~ Coffee	Juice of Choice Hot Cereal of Choice Scrambled Eggs, Bacon Danish Or Toast Toast Butter/Jam/Jelly Milk ~ Coffee	Juice of Choice Hot Cereal of Choice Scrambled Eggs, Fried Ham Butter/Jam/Jelly Milk ~ Coffee	Juice of Choice Hot Cereal of Choice Biscuits & Sausage Gravy Milk ~ Coffee	Juice of Choice Hot Cereal of Choice Scrambled Eggs Side Pork Whole Wheat Toast Butter/Jam/Jelly Milk ~ Coffee	Juice of Choice Hot Cereal of Choice Corned Beef & Hash Scrambled Eggs Milk ~ Coffee	Juice of Choice Hot Cereal of Choice Scrambled Eggs Chicken Sausage Link Toast Butter/Jam/Jelly Milk ~ Coffee
Service Foods Fried Chicken Waffle Fries 5-Way Veggie Blend Bread & Butter Fresh Pineapple Milk ~ Coffee	ALTERNATE: Chef Salad Liver & Onions Sweet Mashed Potatoes Broccoli Bread/Butter Ice Cream Du Jour Milk ~ Coffee	Creamed Chipped Beef on Toast Seasoned Carrots Banana Cream Pie Milk ~ Coffee	Alternate: Spinach Spaghetti/Meat Sauce Dinner Salad Garlic Bread Fresh Watermelon Milk ~ Coffee	Lemon Pepper Tilapia Rice Pilaf Oriental Vegetables Bread & Butter Lime Jello w/Fruit Milk ~ Coffee	BBQ Chicken Potato Salad Beets Bread & Butter Strawberries & Cream Milk ~ Coffee	Roast Beef Mashed Potatoes/Gravy Seasoned Carrots Dinner Roll/Butter Iced Pound Cake Milk ~ Coffee
Pancakes Scrambled Eggs Sausage Links Red Grapes Milk ~ Coffee	Fish Sticks w/Tarter Waffle Fries Peas & Carrots Dinner Roll w/Butter Lemon Bar Milk ~ Coffee	Chicken Dumplings Peas Dinner Roll w/Butter Cinnamon Apple Sauce Milk ~ Coffee	Hot Turkey Sandwich Buttered Corn Cranberries Chocolate Pudding Milk ~ Coffee	Pizza Coleslaw Monster or Sugar Cookie Milk ~ Coffee	Tater Tot Casserole 5 Way - Vegetable Bread & Butter Peaches Milk ~ Coffee	Bratwurst Sausage On a Bun Baked Beans French Fries Fruit Cocktail Milk ~ Coffee
<u>Alternate:</u> Soup: Minestrone Sandwich: Turkey	<u>Alternate:</u> Soup: Chili Cornbread	<u>Alternate:</u> Soup: Corn Chowder Sandwich: Tuna Salad	<u>Alternate:</u> Soup: Beef Barley Sandwich: Summer Sausage	<u>Alternate:</u> Soup: Wisconsin Cheese Sandwich: Egg Salad	<u>Alternate:</u> Soup: Potato Sandwich: Ham Salad	<u>Alternate:</u> Soup: Chicken Noodle Sandwich: Bologna

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Week 4

<i>Monday July 20</i>	<i>Tuesday July 21</i>	<i>Wednesday July 22</i>	<i>Thursday July 23</i>	<i>Friday July 24</i>	<i>Saturday July 25</i>	<i>Sunday July 26</i>
Juice of Choice Hot Cereal of Choice Scrambled Eggs Bacon, Hashbrowns Butter/Jam/Jelly Milk/Coffee	Juice of Choice Hot Cereal of Choice Scrambled Eggs Bacon Whole Wheat Toast Butter/Jam/Jelly Milk ~ Coffee	Juice of Choice Hot Cereal of Choice Scrambled Eggs Danish, Bacon Milk ~ Coffee	Juice of Choice Hot Cereal of Choice Scrambled Eggs Biscuits & Sausage Gravy Milk ~ Coffee	Juice of Choice Hot Cereal of Choice Scrambled Eggs Canadian Bacon Whole Wheat Toast Butter/Jam/Jelly Milk ~ Coffee	Juice of Choice Hot Cereal of Choice Caramel Roll, Bacon Butter Milk ~ Coffee	Juice of Choice Hot Cereal of Choice Scrambled Eggs Fried Ham Toast Butter/Jam/Jelly Milk ~ Coffee
Chicken Drummies w/ Buffalo Sauce Tater Tots Coleslaw Bread & Butter Sherbet Milk ~ Coffee	Alt: Taco Salad Meatloaf Potatoes Au Gratin Broccoli & Cauliflower Dinner Roll w/Butter Ice Cream Du Jour Milk ~ Coffee	Breaded Cod Creamy Cucumber Salad Dinner Roll w/Butter Wild Rice Blend Watermelon Milk ~ Coffee	Chicken Pot Pie Buttered Carrots Dinner Roll w/Butter Strawberry Rhubarb Pie Milk ~ Coffee	Chicken Burger Lettuce & Tomatoes Or Spinach Potato Chips Fresh Pineapple Milk ~ Coffee	Pork Roast Mashed Potatoes Gravy Corn Dinner Roll Pears Milk~Coffee	Oven Baked Chicken Baked Potato Dinner Salad & Dressing Dinner Roll w/Butter Chocolate Brownie Milk ~ Coffee
Beef Stew Biscuit Mandarin Orange Cake Milk ~ Coffee	Macaroni Casserole Stewed Tomatoes Dinner Roll w/Butter Pears Milk ~ Coffee	Honey Glazed Ham Crispy Cubed Potatoes Creamed Peas Bread/Butter Applesauce Milk ~ Coffee	Turkey Primavera Capri Veggie Blend Bread & Butter Spice Cake Milk ~ Coffee	Tuna & Potato Chip Casserole Seasoned Carrots Dinner Roll Lemon Meringue Pie Milk ~ Coffee	Beef Stroganoff Egg Noodles California Blend Bread/Butter Peach Crisp Milk~Coffee	Beer Cheese Soup Chicken Salad/Croissant Lettuce & Tomatoes Or Spinach Tapioca Pudding Milk ~ Coffee
<u>Alternate:</u>	<u>Alternate:</u>	<u>Alternate:</u>	<u>Alternate:</u>	<u>Alternate:</u>	<u>Alternate:</u>	<u>Alternate:</u>
Soup: Broccoli Cheese Sandwich: Deli Turkey	Soup: Wild Rice Sandwich: Chicken Salad	Soup: Potato Soup Sandwich: Meatloaf	Soup: Tomato Sandwich: Grilled Cheese	Soup: Chicken Noodle Sandwich: Ham	Soup: Minestrone Sandwich: Tuna	Soup: Corn Chowder Sandwich: Bologna